



## **St. Anne's Community Services**

### **Alcohol Services, Leeds**

#### **Referral Process**

Referral to the service can be for one of the following:

- Detoxification only - where the service user requires a 10 day detox.
- Detoxification and rehabilitation - where the service user requires both detoxification and rehabilitation.
- Rehabilitation - where the service user requires the 13-week rehabilitation. Service users must be free from alcohol to be considered for the rehabilitation programme.
- Floating Support - where someone is at risk of homelessness because of their use of alcohol and is requiring some tenancy support to remain in their accommodation.

#### **Detoxification**

Referral for the detoxification service can come from the following sources:

- GP
- Addiction Dependency Solutions (ADS)
- Leeds Addiction Unit (LAU)
- Leeds Drug Partnership
- Other community-based alcohol or drug teams

Eligibility for detoxification includes:

- Alcohol is the primary substance misused
- The concurrent use of harmful substances will not complicate the detoxification process
- There are believed to be increased risks to health if detoxified in the community
- Previous failed community alcohol detoxification attempts
- Professional judgement of recovery requirements
- Not in receipt of residential detoxification at the centre in the previous 12 months

#### **Rehabilitation**

Referrals for rehabilitation only can come from any source. Please note that if a detoxification programme is required prior to the rehabilitation programme commencing, a referral will need to come from one of the sources described above.

Eligibility for rehabilitation include:

- Free from alcohol and illicit drugs
- Alcohol is the primary substance misused

- Severity of alcohol problem indicates the need for intensive support
- The individual is motivated to address change of lifestyle and to participate in the programme

### **Making a referral**

Referrals can be made by letter, fax or email. Brief details can be given over the telephone, but this should be followed up with further information.

The following information is requested from referrers to assist with the referral process:

- Personal Details - name, date of birth, gender
- Patterns of alcohol use and any other substance use issues
- Physical Health (including withdrawal)
- Psychological Health
- Offending Behaviour (e.g. arson, violence, abuse)
- Risk assessment
- Relationships
- Housing issues, if applicable
- Employment/training/education needs, if applicable
- Child care issues, if applicable
- User's assessment of needs
- Staff assessment of needs
- Involvement of other agencies/providers
- Identification of treatment goals
- Identification of aftercare needs

Following receiving the referral, we will invite the service user to attend a triage assessment. A decision will be made based on the referral information and information gathered at assessment. Admission to rehabilitation is additionally subject to a Comprehensive Client Assessment and a Financial Assessment being completed and approved.

### **Floating Support**

Referral to the Floating Support Service can come from any source.

The eligibility criteria for the Floating Support Service includes:

- The service user is at risk of losing their accommodation because of their use of alcohol and their alcohol-related behaviour (or recent use of alcohol).
- The service user is homeless because of their use of alcohol and requires help in accessing appropriate accommodation
- The service user is living in Leeds
- The service user wants to use and engage with the support



Referrals can be made by letter, fax or email. Brief details can be given over the telephone, but this should be followed up with further information.

Contact:

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St Anne's Community Services

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