

**St Anne's  
Resource Centre**  
Leeds  
**Adult Learning**



*Independence Opportunity Inclusion*

*Get the skills you need at the Resource Centre*

# Employment and Training classes



# What is the class about?



## Why do skills matter?

It takes all sorts of skills to achieve what you want in life, whether it's decorating your home, raising children or getting on at work.

Everyone has skills they use every day, even if they don't think about them.

Taking the children to school may use organising skills. Paying bills uses number and budgeting skills.

By improving your skills or by learning new ones, you can get on in life and in work.

## What happens?

We will try to help you work out how you can use the skills you already have, and how you can develop new ones, to work towards getting the right

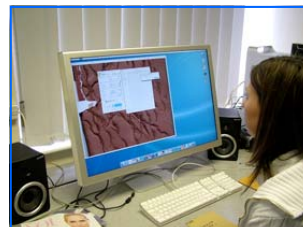
job for you., using job search, creating a C.V., interview skills and advice.

## What will I get from attending the class?

The tutor will work with you to look for employment or training, and support you in your search for work.

They will offer support and encouragement, keeping track of your progress and helping you to stay motivated if things get tough.

They also make sure you are building up a record of the skills you have developed in an Independent Learning Plan.



## When are the classes held?

### EMPLOYMENT AND TRAINING CLASSES

- ◆ **TUESDAY:** Morning 10am to 12 noon  
Afternoon 1pm to 3pm
- ◆ **WEDNESDAY:** Morning 10am to 12 noon

**Telephone for course and enrolment details:  
0113 2431894**

#### St Anne's Mission...

“Provide quality support, care and housing services; promote independence, opportunity and inclusion.”

### Who can get help with Employment and Training?

The sessions at St. Anne's are free to people who feel the need for more skills to help them get a job. You may be eligible if you are aged 20 or over and receiving benefits such as:

- ◆ Incapacity Benefit
- ◆ Income Support
- ◆ Jobseekers Allowance
- ◆ E.S.A.

## Want more information?

To find out more about the Employment and Training Service at St. Anne's and what other help and courses may be available to you, contact:



**St. Anne's Resource Centre**  
**66 York Street, Leeds LS9 8AA**

**Telephone: 0113 2431894 or 2366968**  
**FAX: 0113 2416887**

*We have provision and facilities for the disabled.*

St Anne's is a not for profit, person centred organisation. We provide a range of services in the North of England to people who have learning disabilities, mental health issues, substance use issues or who are homeless. Last year we supported over 3,000 people.

St Anne's Community Services is a Registered Charity, number 502224 and a Housing Association registered with the Housing Corporation, number H3158