

St Anne's Mental Health Services Kirklees



Welcome to St Anne's Mental Health Service



**29 Cambridge Road
Huddersfield**

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St Anne's Mission...

“Provide quality support, care and housing services;
promoting independence, opportunity and inclusion.”



csiphighflier
Positive Practice Award Winner 07



EDGE
Forward
developing
our future



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Welcome To Cambridge Road

Cambridge Road stands approximately half a mile from Huddersfield Town Centre, so is well placed for a host of local amenities (shops, cafes, pubs, restaurants, sports facilities, healthcare services).

We aim to deliver excellent support, care and a comfortable home, promoting independence, opportunity and inclusion.

We encourage the active involvement of service users in the day to day running of their home, and have regular meetings where service users can express their wishes.

We are committed to tailoring services to meet individual's needs and focusing care plans on service users aspirations.

Service users will benefit from well trained and supported staff that will provide a high quality service and appropriate opportunities for social relationships, education and training, employment, leisure, day trips, holidays, and spiritual fulfilment.

50% of staff have completed NVQ3, Infection Control, Medication Administration.

Cambridge Road consists of:

10 Single Bedrooms	2 Kitchens
2 Lounges	1 Shower Room
2 W.C.	1 Laundry Room
2 Bathrooms and W.C.	1 Dining Room

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Some quotes from service users at Cambridge Road:

'I enjoy living at Cambridge Road; staff support me with everyday activities. I have my own private room and also go out for coffee and lunch with staff and other service users'

'Staff do a marvellous job, supporting me with daily chores to keep my skill up so I can move on.'

'It's alright here, I like it here.'

'I'm really happy here and I feel at home.'

We currently have the following groups at Cambridge Road:

- **Walking Group**
Discovering the sights of Huddersfield and beyond. Relaxing at a Cafe for refreshment.
- **Star Group**
Pamper yourself with nail painting, makeup, looking and feeling good.
- **Healthy Living Group**
Demonstrations on how to cook healthy meals, information on exercise.
- **Gardening Group**
To help maintain the lovely well kept gardens.
- **Snooker and Pool Group**
Relax down at the local snooker club or at home playing pool.
- **Computer Group**
Learn the basics of computers and surf the Internet.
- **Chess Club**
Learn to play or play competitions.
- **Art Group**
Come and be creative with arts and crafts.
- **Coffee Mornings**
Coffee with home made cakes and biscuits, come for a chat and meet people.

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For further information contact our Area Office:

St Anne's Community Services
Edgerton Villa, 22 Edgerton Road,
Huddersfield HD3 3AD

Tel: [01484 428955](tel:01484428955)

Fax: [01484 428967](tel:01484428967)



**Where the service user is at the centre
of everything we do**

St Anne's is a not for profit, person centred organisation. We provide a range of services in Yorkshire and Humberside and the North East to people who have learning disabilities, mental health issues, substance use issues or who are homeless. Last year we supported over 3,000 people.

St Anne's Community Services is a Registered Charity, number 50224 and a Housing Association registered with the Housing Corporation, number H3158