

Winter Newsletter

HAPPY NEW YEAR

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BENEDICT'S NEW YEAR PARTY



The film crew visited Benedicts to film Brian and our residents.



Brian the Entertainer

We had our party on Wednesday 4 January between 2-4pm. A buffet was provided for friends and family and our regular entertainer Brian once again entertained us with a mixture of Christmas and popular songs.

Brian took part in the ITV documentary, 'The Choir that Rocks' which was aired last year.

Carol Ellis,
Manager, Benedicts

HOLDFORTH COURT CHRISTMAS PARTY

There was lots of buffet food and a full Christmas meal for our clients and for some additional men who we provided emergency accommodation for during this period. Staff went all out to make Christmas and New Year as much a family affair as possible.

Post Christmas both RAISE and ourselves had a group of international volunteers for one week and they provided activities and a range of worldwide food, (full story on page 2). Their involvement provided them with experience of both the issues our clients face and how our respective

projects support the clients. Our clients benefit by their engagement with the student/volunteers, hearing about their respective countries and cultures, sampling food, music and general experiences.

Carolyn Alexander
Manager



ST. ANNE'S CAROL CONCERT

On Sunday 4 December Richard, Iain, Liane and Kirsty from Newhaven and Yadviga, Robert and Wayne from Green Hammerton enjoyed a trip to Leeds for the St. Anne's Carol Service, celebrating 40 years service. We parked up, put on our big coats, woolly hats and scarves, braced ourselves for the cold and hit the German Market. We all thoroughly enjoyed this, Richard and Iain enjoyed a frankfurter for lunch, Yadviga, Liane and Kirsty enjoyed looking at all the Christmassy stalls while Bob and Wayne enjoyed taking in the atmosphere.

We then headed over to the Cathedral for the carol service which was wonderful and seemed to get everyone in the Christmas spirit. The highlight for Liane was meeting Nick (from Emmerdale) and the lowlight was getting lost in the middle of Leeds trying to find the car to get home! A truly lovely day had by all.



CISV WORLD VOLUNTEERS

Since 1951, CISV has been offering a range of local activities, international camps, family hosted exchanges and community based projects. Every year volunteers organise programmes of activities and this year St Anne's had the pleasure of hosting 22 world volunteers in our Homeless services in Leeds. They came every day from Tuesday 3 January and supported clients to enrol at our RAISE homeless day service for the education classes that are run daily from the service at St Anne's Resource Centre.

They provided activities at Holdforth Court men's hostel each day which involved planning menus, shopping on a budget, preparing meals from around the world and enjoying the company of all whilst eating the delights. On Saturday 7 January 2012 a cultural day was held at Holdforth Court where everyone from both homeless services were invited to join in world games, listen to music from around the world and taste the fantastic food on

offer. The whole week was amazing for clients, staff and the volunteers and the sharing of experiences will be remembered by all.



Ann Sunter
Area Manager
Homeless, Dual Diagnosis
Substance Use Services,
Leeds

CHRISTMAS CAROLS SING AND SIGN AT FOX VIEW

Michelle who works bank shifts at Fox View had arranged for Park Road Primary School to come to



Fox View on the afternoon of Wednesday 14 December 2011 to take part in a Christmas Carols Sing and Sign. It was attended by clients from Smithies Moor Lane and guests from Fox View.

Park Road Primary School fundraised for Fox View by selling mince pies and raising the fantastic amount of £123.50.

Thank you to all involved and who attended a great time was had by all.

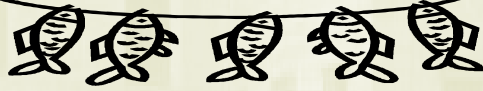
Solmaz Bahadori, Deputy Manager, Smithies Moor Lane



INVESTORS IN PEOPLE



THE JOY OF ANGLING



We have been on six fishing trips this year, three during the summer and three during the autumn and winter. We caught a variety of species of fish on different methods and baits.

The largest was a 6lb Common Carp caught by David on double maggot.

The most extraordinary was a 1lb 8oz Roach/Rudd hybrid caught by Luke, also on double maggot.



Luke with a 1lb 8oz Roach/Rudd



David with his best fish - a 6lb 12oz Common Carp.

We fished at Norwood Cottage Farm Fishery, which is a popular, picturesque day ticket coarse fishery. We even had the pleasure of watching some beautiful sunsets. On the last trip we stayed later and saw the full moon and a single star in a clear sky.

The still of night was tranquil and relaxing.

David, who is a client of the Sheffield Supported Living Service, achieved his goal with support from Luke, through a Self-Directed Support package.

David and Luke
Sheffield Supported Living Service



FISH AND CHIPS IN CAYTON BAY

This year Carl and Chris residents of Kelso Road in Leeds enjoyed a week long holiday on the East Coast of Yorkshire.

After an early start we arrived at Cayton Bay Holiday Park our home for the next week. We stayed in a luxury caravan and the night entertainment was very good if not a little repetitive.

Throughout the week we visited Scarborough, Bridlington, Whitby, Sewerby Park and Hall and Goathland the birth place of 'Heartbeat'. With a large amount of fish and chips consumed and all weathers from gale force winds to glorious sunshine encountered, the week was enjoyed by all before returning to Kelso Road refreshed if not a little exhausted.



VOLLEYBALL TOURNAMENT IN THE NORTH EAST

As part of the fundraising activities of 2011, the clients and staff in the North East decided to organise a volley ball tournament. Each service had a team of clients and a team of staff and they all challenged each other to play volleyball. It was great fun and everyone who wanted to played. It was a knockout competition and the two teams that made it to the final were North Tyneside and Sunderland. The Sunderland team (with some help from the clients at Portland Avenue) won the tournament and the trophy.



If anyone from any of the other services in St Anne's Community Services would like to take part in a volley ball competition, we would be happy to organise another event. You just need to have a team of five people. Services can enter as many teams as they want. Please let me know as soon as possible and we will organise the competition.

**Alaine Guthzeit
07946423954**



**STAFF
AT
GREENACRES
HAVE A HAPPY
HALLOWEEN!!**



WETHERBY HOMES CHRISTMAS SING -A-LONG



A Christmas Party for Wetherby Homes was held on 15 December 2011 at the Chequers Inn in the nearby village of Bilton in Ainsty.

We were greeted by the landlady on our arrival and taken to a separate area of the pub. The room had lots of Christmas decorations and personal touches added for each table that made every single one of us feel very special.

We all enjoyed a home cooked two course Christmas dinner followed by hot drinks and chocolates. Then we all joined in to sing Christmas songs on a karaoke. Rosie was the one to start everybody off by singing "Rudolph the

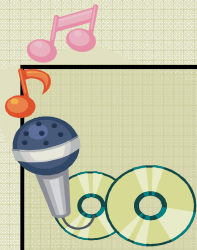
Red Nose Reindeer". She was then followed by Denise who sang "White Christmas" and a few others could not wait to take their turn to share their Christmas spirit.

The true meaning of Christmas is sharing time with family and close friends. Therefore, an excellent time was had by all, clients, family members and staff together.





KARAOKE AT GREENHAMMERTON



On the 11 December, the Christmas party was held at Green Hammerton Village Community Hall. There were lots of festive activities including a client and staff sing-a-long of Christmas karaoke of pop songs.

All our clients were involved in a Christmas theme “What does Christmas mean to me”, and clients were supported by staff to make their own personalised Christmas cards using our sparkly themed art materials. Following that, all clients were asked to write or draw their own favourite ideas of what they like most about Christmas, and share their thoughts with everyone else. Everyone joined in the prize raffle, and luckily everyone won something.

When the activities ended, everyone was invited to help themselves to the Christmas buffet, including hot mince pies and home made Christmas cake.



Things have definitely been happening here at Bevin Court. We now have chickens! Wayne, our practical skills worker, along with several residents have constructed a hen house, luxury accommodation for the 10 chickens we rescued from a battery farm - along with a solitary cockerel.

One of our residents has taken responsibility for looking after these chickens and has built up quite a rapport with them - they follow him everywhere!

BEVIN COURT HAS CHICKENS!!

It has also had a fantastic effect on the resident who has taken on this responsibility as his mood and wellbeing are improving daily.



They don't seem to have much of a penchant for laying eggs though, but it's early days yet!

The chickens themselves have definitely benefitted from their new free range lifestyle, they've put on weight and are generally looking happier!! Plus they are a bit of an attraction for the residents and their visitors, especially those with children. All in all they are a great asset to Bevin Court

