# **Respite Care**

A positive experience for clients and families





A life without limits for the people we support

## Respite Care

24/7 care is demanding, and we know carers need a rest and want the peace of mind that they have chosen the best service for the person they support. Trusting another to care for the person you look after takes a lot, but we are proud to deliver inclusive respite services that are dedicated to outstanding care.

We are pioneers of highly personalised services. Through our experience we have developed a deep understanding and knowledge of the needs of families and the people we support.

Our respite services aim to provide:

- A relaxing place for people to recharge
- A great quality of life
- A 'home away from home'
- Flexibility around when clients book in
- A safe, happy environment
- Person-centred care and personalised support
- Supported independence
- Relief to primary care givers



Our aim is to ensure everyone who comes to St Anne's for a respite stay, has a positive experience both for themselves and for their family."





## Our Services

We are proud to deliver four respite services and nurse led respite services across West Yorkshire.

#### **Foxview - Dewsbury**

In the lovely ground of Dewsbury Hospital, Foxview provides crisis respite care for adults with a learning disability and additional complex needs, including mental health, autism and nursing care. The service provides four respite beds and two emergency support heds

Foxview is fully accessible and benefits from a large garden. The team at Foxview promotes promotes community participation and leisure activities. Guests also continue to access day centres during the day and other community-based activities they would usually do when at home.



#### Shady Trees, Huddersfield

Shady Trees offers a nursing respite service for up to 25 adults aged 18 and over who have learning disabilities and other complex physical health needs.

The home is registered to provide accommodation for people who require personal or nursing care. Up to four people can be accommodated at any one time.



Foxview, Dewsbury

## Our Services

#### Westgarth, Halifax

Westgarth provides safe and comfortable accommodation for adults with learning disabilities, giving them and their carers a welcome break.

A new facility, it has been planned with its users' needs fully in mind with fully accessible accommodation and bathroom facilities, finished to a high standard.

The building also includes a number of self-contained living units to support people to maintain their independence and further develop the skills they need to lead full and active lives.

#### Aachen Brook, Halifax

Aachen Brook supports up to five adults with learning disabilities, physical disabilities, and Mental health needs.

A fully wheelchair-accessible bungalow, there are five ensuite rooms which all have overhead tracing, TV's, sensory equipment, and profiling beds. Bedroom furniture can be customised to client taste for a homely feel. Aachen Brook has an accessible bathroom with a parker bath and accessible shower.

Providing a lovely communal area, the service has a large dinning kitchen area with lowering tables, and work units. The service also has a spacious garden with decking area, and a courtyard with a water feature.



## Our Team

Each of our respite services has a highly trained and qualified multi-disciplinary team, who are experts in understanding and using Person Centred care approaches and planning.

We want you to feel confident in using St Anne's, so we are proud to invest in our workforce so that we have the right team with the best skill set to support you.

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Staff received the support and training required to work effectively with people. This included specialist training delivered by external qualified medical staff.

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Aachen Brook CQC Report





## Our Support (Easy Read)

We aim to ensure our clients live their best life, we are committed to providing:



#### Person centred care

Care based on each person's needs and aspirations.



#### A safe home

A place where clients will enjoy themselves and thrive.



#### **Support for interests**

We ensure that the people we support do the things they enjoy most.



#### A team always on hand

Our staff deliver quality personal care and support services when needed.



#### An alternative to hospital admission

Our services provide a comfortable environment for people to enjoy, avoiding hospital admission.



## **Our Client Priorities**



**Social Life** 

Enjoyable ways to meet new people and try new activities.



Life Skills

Learn new skills to keep you healthy and happy.



**Culture** 

Explore art, music, people and places.



**Education** 

Learning more about the world and how it works.



**Employment** 

Develop understanding of different work places and how to find jobs.



**Sport** 

Keeping your heart and body healthy with sports, dance and movement.

## Our Values



**Person Centred** 



Respectful



Open



Understanding



**Dedicated** 



## Choosing St Anne's

We are a leading multi-speciality care provider who is devoted to person-centred care. We support adults with learning disabilities, challenges of poor mental health, homelessness and substance misuse, helping them to live their best life.

We deliver a comprehensive range of leading person-centred services and training across the North of England, including Residential Care; Respite Care; Substance Misuse and Harm Reduction; Supported Housing; Homelessness Services; Day Centres; Domiciliary Care; Outreach; Nursing Care; Supported Living; Shared Lives.



## Contact

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## Follow Us

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